If The Mask Fits…

**Mask Up** – Wear a mask indoors in public settings or in high-risk scenarios; infected people who leave isolation after five days must wear a mask around others.

**Find Your Fit** – Masks should cover the nose and mouth and fit close against the face with no gaps.

**Any Mask is Better than No Mask** – Well-fitting cloth masks with at least two layers of fabric offer important protection and are better than not masking, but other types of masks may be more effective.

**High Risk?** – Choose non-surgical N95 or KN95 masks for better protection or when in higher-risk situations. This includes if you or someone around you has tested positive for COVID-19, is immunocompromised, or if you are indoors where it is crowded or poorly ventilated.

**Prioritize Protection** – Specially labeled surgical N95 masks should be reserved for health care professionals.

For more COVID-19 resources, visit: [https://www.idsociety.org/masks](https://www.idsociety.org/masks)