Four Things You Need to Know

CORONAVIRUS

What is it?
The 2019 novel coronavirus infection, also known as COVID-19, is a respiratory infection caused by a new virus that was first identified in late 2019.

Coronaviruses are common. In fact, many ordinary colds are caused by coronaviruses.

COVID-19, identified in Wuhan, China in 2019, is actively being studied to determine how it is transmitted.

How do I protect myself?

While there is currently no vaccine, the best way to protect yourself from COVID-19 is similar to how you’d take precautions against the cold or flu.

Avoid close contact with people who are sick
Cover your cough or sneeze
Wash your hands using soap and water for at least 20 seconds

There is no need to wear a face mask if you are well and do not have any symptoms.

How do I know if I have it?
The risk to the general public in the United States is considered low at this time.

People who have traveled in China, or who live in the same household or have had close contact with someone with confirmed COVID-19, are at highest risk.

Older adults and those with weakened immune systems are also at higher risk.

Common symptoms can include fever, cough and shortness of breath.

If you have symptoms and are at high risk, you should call your health care provider. Tell them about your symptoms and recent travel before visiting their office. This allows for infection prevention and control measures to be in place before your arrival.

What are experts doing?

Infectious diseases physicians, scientists and public health experts affiliated with the Infectious Diseases Society of America, the National Institutes of Health, the Centers for Disease Control and Prevention and the World Health Organization are working in several areas related to COVID-19, including:

• Providing guidance to hospitals and health care providers;
• Working closely with local, state, national and global partners to provide accurate information and clinical guidance;
• Providing resources and expertise to contain the outbreak;
• Researching diagnostic tests that may be able to better detect the disease;
• Studying the spread of COVID-19 to better understand how to protect the public.

IDSA provides up-to-date information on its resource page: COVID-19: What You Need to Know

For more information visit idsociety.org/covid-19

Source: Centers for Disease Control and Prevention