Halloween: What You Need to Know

Halloween conjures up images of crowded sidewalks and streets, people going door-to-door to collect treats, and large gatherings and parties. This year it is important to keep away the real horror—the spread of COVID-19. Halloween may not look the same in 2020 as in years past, but there are some ways to enjoy the holiday while staying safe.

Don’t forget, continue to wash hands frequently, practice social distancing, wear a mask when in public, and importantly, stay home if you or anyone you may have been exposed to is sick.

Keep festivities outside
Being outside presents a lower risk than any indoor activities. Limit gatherings to less than 10 people and keep it to immediate family or close friends who have followed social distancing guidelines.

Place treats outside and add hand sanitizer
Instead of handing out treats at the door, consider putting out a tray of individually wrapped treats. If there is space, spread them out on several trays and leave hand sanitizer nearby.

Costumes ≠ masks
Costumes are not a substitution for masks that cover your face and nose. Consider wearing a Halloween-themed cloth mask or dress up as a character who wears a cloth mask (frontline health provider, perhaps?).

Stay in small groups
If trick-or-treating occurs, this should be done in small groups—limit it to immediate family members or close friends who have followed social distancing guidelines. Keep groups to less than 10 people and keep a distance from others.

Find new ways to have fun
While traditional trick-or-treating, haunted houses, or large parties are off the table this year, families can still find creative ways to celebrate. Consider these options:

- Have a backyard candy hunt for just your immediate family or pod.
- Carve or decorate pumpkins outside with a small group of socially distanced friends or neighbors.
- Play “car bingo”—create bingo squares with different Halloween-themed items that can be found outside.
- Drive around to look at neighborhood Halloween decorations to try to score bingo.
- Hold a virtual costume contest with friends and family—a great way to celebrate with people from afar.

For more information, visit idsociety.org/covid-19