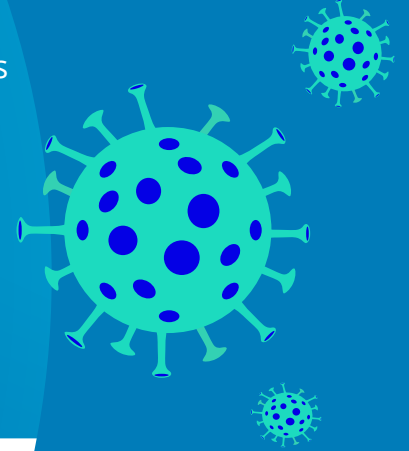


Thanksgiving: What You Need to Know

With the holiday season approaching, many families are making decisions and plans about how to celebrate in a way that is joyful but still safe.

The decisions every family makes today can have an effect on what life is like a few months from now.

No matter how you celebrate, continue to wash hands frequently, practice social distancing, wear a mask when in public, and importantly, stay home if you or anyone you have been exposed to is sick.



The safest ways to celebrate Thanksgiving are to only do it with members of your same household or to host a virtual celebration.

However, there are ways to decrease risk when gathering:



Outdoors is safer

If weather allows it, host Thanksgiving outdoors where people can practice social distancing.



Be vigilant about hand hygiene

Guests should wash hands before eating and hosts should practice consistent hand hygiene while cooking. Provide alcohol-based hand sanitizers to guests and family.



Keep it small

Limit gatherings to less than 10 people and those attending should only be close family members or friends who have followed social distancing guidelines.



Reconsider travel

Travel increases the risk of getting and spreading COVID-19. Many states have implemented mandatory quarantine periods for out-of-state visitors, which could also affect people when returning home.

If travel is a must, there are a few ways to lower risk:

- Driving is safer than flying, traveling by bus, or taking a train.
- Wear a mask in public, wash hands frequently, and keep distance from others during the trip.
- Travelers who are staying in one destination should follow local quarantine guidance.
- Travelers should seek testing once they've arrived at their location, but still continue to follow quarantine guidance.