Early symptoms of mpox are flu-like and can include:

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion

Some people experience a rash or sores first, followed by other symptoms; some only experience a rash or sores.
What Should You Do if ...

**You’ve been in contact with someone who received a diagnosis of mpox or has a similar rash?**

- See your health care provider
- Avoid physical contact, including sex or intimate contact, with anyone until you have been checked out

**You have a new or unexplained rash or sores?**

- See your health care provider and remind them that mpox is spreading in the United States
- Avoid physical contact, including sex or intimate contact, with anyone until you have been checked out

**You have been diagnosed with mpox?**

- Follow treatment and prevention recommendations of your health care provider
- Avoid physical contact, including sex or intimate contact, with anyone until all sores have healed and a fresh layer of skin has formed
- Ask your provider about participating in a clinical trial evaluating treatment for mpox (www.stomptpoxx.org).